

CHILD/ADOLESCENT PSYCHOSOCIAL HISTORY

The purpose of this questionnaire is to obtain an understanding of your child's life experience and background. Then we can begin to develop a comprehensive treatment program suited to your specific needs. Please return this questionnaire at your first scheduled appointment.

Child/Adolescent's Name: _____ Circle: M /F

Today's Date: _____ Date of Birth: _____ Age: _____

Parent/Guardian's Name: _____ DOB: _____

Address: _____ Phone Number: _____

Cell Number: _____ Work Number: _____

Parent/Guardian's Name: _____ DOB: _____

Address: _____ Phone Number: _____

Cell Number: _____ Work Number: _____

Step-Parent's Name: _____ DOB: _____

Address: _____ Phone Number: _____

Cell Number: _____ Work Number: _____

Step-Parent's Name: _____ DOB: _____

Address: _____ Phone Number: _____

Cell Number: _____ Work Number: _____

Language(s) spoken at home: _____

Who referred you? _____

PRESENTING PROBLEM: (What is your main concern/worry?)

How long have these problems occurred? (Number of weeks, months, years)?

What made you seek help at this time?

Problems perceived to be: _____ very serious _____ serious _____ slightly serious

What changes would you like to see in your child?

What changes would you like to see in your family?

SCHOOL INFORMATION

Name of School _____ City or
District _____
Grade Level _____
Current Grades: __ Failing __ Below Average __ Average __ Above Average
Grade(s) Repeated: _____
Special Education: __ Yes __ No __ Speech/Language __ Intellectual Disability
__ Learning Disabilities __ Emotionally Disturbed __ Autism __ Other Health Impaired
Problems at school:

Schools Attended:

_____ Grade: _____
— Grade: _____
— Grade: _____
— Grade: _____
— Grade: _____
— Grade: _____
— Grade: _____

COUNSELING AND/OR PSYCHIATRIC INPATIENT/OUTPATIENT HISTORY

Name of Clinic/Counselor/Therapist	Date Began/Ended	Helpful? Yes/No

Inpatient Psychiatric History

Name of Facility or Psychiatric Hospital	Date Began/Ended	Helpful? Yes/No

MEDICAL HISTORY

Primary Care Physician: _____ Phone Number

Date of Last Physical Exam: _____

Please check if you child has ever had any of the following Medical problems:

- Allergies Fainting Vision Problems Hearing Problems Skin Problems
 Eating Problems Stomach Problems Dental Problems Anemia
 Epilepsy/Seizures Soils/Wets Asthma Infectious Disease
 Accident Prone Anemia/Fatigue Head Injury Heart Problems
 Other: _____

Has the child ever been hospitalized or had any surgeries? Please list below:

Past/Current Mental Health Diagnosis (if applicable)

ADHD/ADD Depression Anxiety Bipolar Substance Abuse _____

Other

Is the child currently prescribed medication? Yes No

Please list below all medications your child is presently taking and the condition for which they are prescribed.

Condition	Medication	Dosage	Times Per Day	Prescribing Doctor

DEVELOPMENTAL HISTOR Y

Pre-Natal: Normal Pregnancy Yes No If no, please explain:

Normal Birth Yes No If no, please explain:

Please mark if your child has/had problems in the following areas:

- Walking/General Motor Development
 Toilet Training
 Speech/Language
 Early Social Development

___ Other Please explain: _____

PROBLEM BEHAVIORS

Please mark if your child or adolescent is demonstrating any of the following behaviors:

- ___ Very unhappy ___ Irritable ___ Screams/Yells ___ Withdrawn
- ___ Daydreaming ___ Fearful ___ Clumsy ___ Overactive
- ___ Low Self-esteem ___ Short Attention ___ Distractible ___ Lacking initiative
- ___ Distractible ___ Lacks motivation ___ Stubborn ___ Phobic
- ___ Peer Conflict ___ Impulsive ___ Destructive ___ Mean to Others
- ___ Fire Setting ___ Head Banging ___ Lying ___ Rocking
- ___ Poor Grades ___ Conflict w/Others ___ Truancy ___ Sexual Trouble
- ___ Eating Problems ___ Suicidal Ideations ___ Drug/Alcohol ___ Stealing
- ___ Bed Wetting ___ Soiling Pants ___ Shy ___ Sleeping Problems
- ___ Self-Mutilating ___ Nightmares ___ Anxious/Tense ___ Worries a lot
- ___ Cries Easily ___ Fearful ___ Strange Behavior ___ Fights/Hits/Kicks
- ___ Hurts Animals ___ Throws Things _____ Other

FAMILY HISTORY

___ Family History of Suicide ___ Family History of Abuse/Neglect

Explain: _____

Explain: _____

Family History of Mental Health Problems ___ Family History of Legal Issues

Explain: _____

Explain: _____

___ Family History of Medical Problems ___ Family History of Substance Abuse

Explain: _____

Explain: _____

LIVING ARRANGEMENTS

Who lives at home with child/adolescent?

Was the child ever placed, boarded, or lived away from the family? ___ Yes ___ No Explain:

Name of sibling(s)

Age

Grade Level

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

SOCIAL/FAMILY RELATIONS

How does your child/adolescent get along with same-age peers?

Excellent Good Average Fair Poor

Describe:

How does your child/adolescent get along with siblings?

Excellent Good Average Fair Poor

Describe:

How does your child/adolescent get along with caretakers?

Excellent Good Average Fair Poor

Describe:

STRENGTHS

What are (3) of your Child/Adolescent's STRENGTHS?

1- _____

2- _____

3- _____

What are (3) of your Family's STRENGTHS?

1- _____

2- _____

3- _____

List any other concerns or information that the doctor should know about?

Thank you for taking the time to complete this form.
Please bring this with you to your first appointment.